

Gendered Racial Microaggressions Scale for Asian American Women (GRMSAAW)

FREQUENCY INSTRUCTIONS: The following items assess gendered racial microaggressions toward Asian American women. To the best of your ability, please indicate how often you generally experienced each event throughout your lifetime in relation to your identity as an Asian American woman.

Please rate your responses based on the following options:
0 (*Never*), 1 (*Rarely*), 2 (*Sometimes*), 3 (*Often*), 4 (*Very frequently*), 5 (*Always*).

STRESS INSTRUCTIONS: The following items assess gendered racial microaggressions toward Asian American women. To the best of your ability, please indicate how stressful (e.g., upset, bothered, offended) each event is for you in relation to your identity as an Asian American woman. Note: if an event never happened to you or you can't recall such an event happening, please rate 0 (*Not at all stressful*).

Please rate your responses based on the following options:
0 (*Not at all stressful*), 1 (*Slightly stressful*), 2 (*Somewhat stressful*), 3 (*Moderately stressful*), 4 (*Very stressful*), 5 (*Extremely stressful*).

In the past 6 months, I have...

1. Others expect me to be submissive.
2. Others have been surprised when I disagree with them.
3. Others take my silence as a sign of compliance.
4. Others have been surprised when I do things independent of my family.
5. Others have implied that Asian American women seem content for being a subordinate.
6. Others treat me as if I will always comply with their requests.
7. Others expect me to sacrifice my own needs to take care of others (e.g., family, partner) because I am an Asian American woman.
8. Others have hinted that Asian American women are not assertive enough to be leaders.
9. Others have hinted that Asian American women seem to have no desire for leadership.
10. Others express sexual interest in me because of my Asian appearance.
11. Others take sexual interest in Asian American women to fulfill their fantasy.
12. Others take romantic interest in Asian American women just because they never had sex with an Asian American woman before.
13. Others have treated me as if I am always open to sexual advances.
14. I see non-Asian women being casted to play female Asian characters.
15. I rarely see Asian American women playing the lead role in the media.
16. I rarely see Asian American women in the media.
17. I see Asian American women playing the same type of characters (e.g., Kung Fu woman, sidekick, mistress, tiger mom) in the media.
18. I see Asian American women characters being portrayed as emotionally distant (e.g., cold-hearted, lack of empathy) in the media.
19. Others have talked about Asian American women as if they all have the same facial features (e.g., eye shape, skin tone).
20. Others have suggested that all Asian American women look alike.

21. Others have talked about Asian American women as if they all have the same body type (e.g., petite, tiny, small-chested).

22. Others have pointed out physical traits in Asian American women that do not look “Asian.”

Scoring

Ascribed Submissiveness (AS): Items 1-9

Asian Fetishism (AF): Items 11-13

Media Invalidation (MI): Items 14-18

Assumption of Universal Appearance (AUA): 19-22

- Total scale score: add up all of the items (1-22) and calculate the mean score
- Subscale scores (if using as a first order four-factor model): Add up the scores of all of the items for each subscale and calculate the mean score for each subscale
- Subscale scores (if using as a bifactor model):
 - Structural Equation modeling: It is recommended that you conduct structural equation modeling to examine the bifactor of the GRMSAAW in relation to the outcome variables. This can be done by modeling the general factor (all items) and the four subscales uncorrelated to each other and then examining their relationship to an outcome variable simultaneously. Please see Keum et al. 2018 for more info.
 - Observed scores: Based on our bifactor model examination, only the AS factor explained significant unique variance beyond the general factor (total scale score). Hence, the AS factor is the only subscale that can be simply calculated by obtaining its mean subscale score (take the average of items 1-9). For the remaining 3 subscales (AF, MI, AUA), you must subtract the mean total scale score from each of the mean subscale score to parcel out the variance accounted by the general factor. E.g., To use the AF subscale, add up and get the mean of items 11-13, and then subtract the mean total scale score.

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