

### Silence about Race Scale (5 items)

INSTRUCTION: We are interested in how you learned about race. As you answer the questions below, please think about how your parents/guardians spoke to you or done things that encourage or discouraged you to learn about race throughout your life beginning in early childhood.

Please rate your responses based on the following options.

Never= 1 Rarely=2 Sometimes=3 Often=4 Very Often=5

1. How often did your parents dismiss your experience of racial discrimination?
2. How often did your parents discourage conversations about racial discrimination in the United States?
3. How often did your parents discourage you from exploring your racial heritage?
4. How often did your parents avoid discussing their own experience of racial discrimination with you?
5. How often did your parents tell you to avoid talking about race with other people?

#### Scoring

Total scale score: add up the scores of all of the items and calculate the mean score

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**Keum, B.T.** & **Ahn, L.H.** (2021). Impact of Online Racism on Psychological Distress and Alcohol Use: Test of Ethnic-Racial Socialization and Silence about Race as Moderators. *Computers in Human Behaviors*. <https://doi.org/10.1016/j.chb.2021.106773>