Student Advocacy Scale

Please rate the extent to which you engage in the following advocacy activities.

1 = Not at all, 2 = A little bit, 3 = Somewhat, 4 = Moderately, 5 = Quite a bit, 6 = A great deal, 7 = Very much

1. Collaborating on research related to social justice issues
2. Conducting research related to social justice issues
3. Giving academic presentations related to social justice issues
4. Helping clients explore oppression or discrimination in relation to their presenting issues and identities.
5. Helping clients explore systemic issues (e.g., systemic racism) in society pertaining to their presenting issues and identities.
6. Working as an ally to my clients experiencing oppression.
7. Participating in demonstration or marches about social justice issues.
8. Contacting policy makers to voice my opinion in promoting social justice.
9. Making donations to organizations promoting social justice.
10. Engaging in social media activities to promote social justice.

Academic Advocacy subscale: 1-3
Therapist as Ally subscale: 4-6
Activism subscale: 7-10

Scoring:

- Total scale score: Add up the scores of all of the items and calculate the mean
- Subscale scores: Add up the scores of all of the items for each subscale and calculate the mean of each subscale